

The Role of Transport Use in Wilderness Treatment: Its Relationship to Readiness to Change and Outcomes



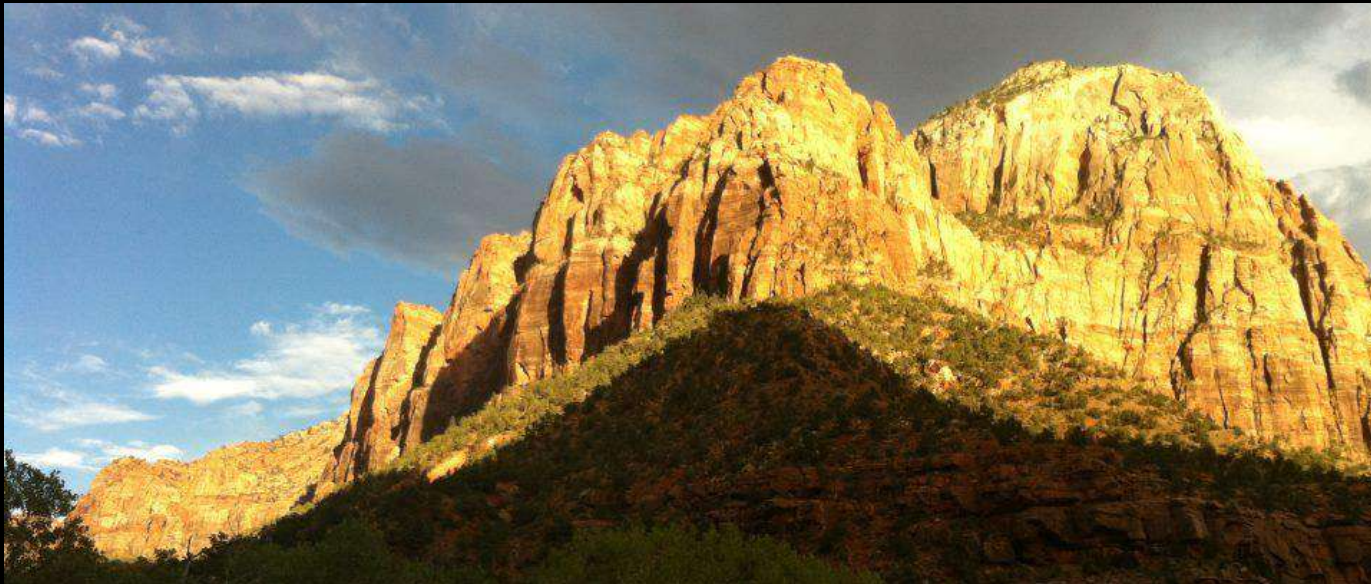
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Research Questions

1. Do transported/escorted youth present differently than non-transported youth?
2. How do transported youth improve in a wilderness program compared to non-transported youth?



Study Details

350 adolescents from one OBH program

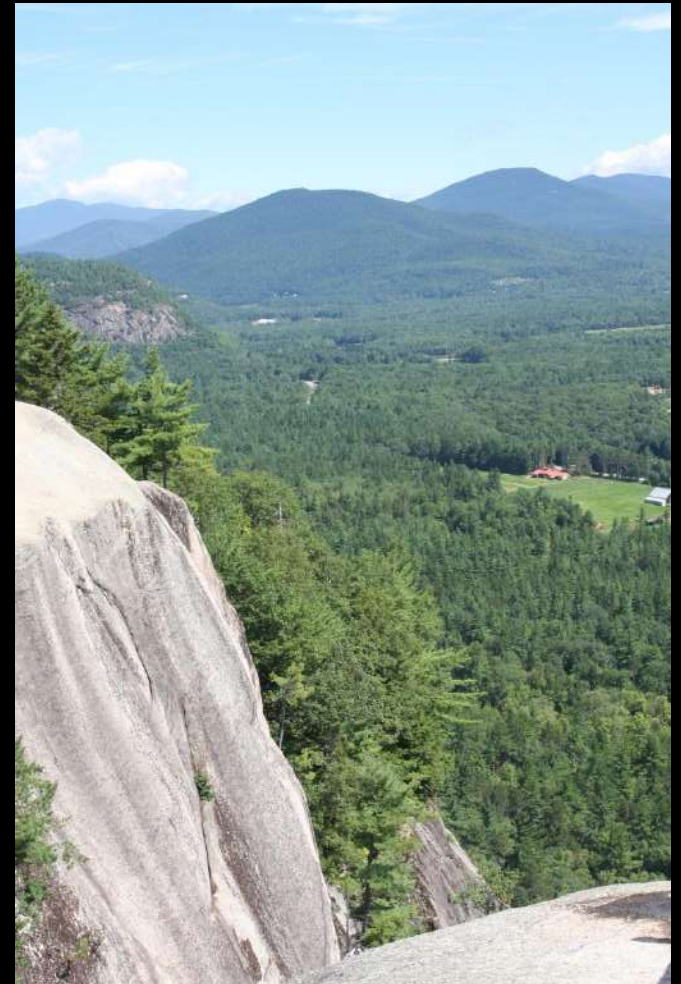
52% were transported

50% males/females

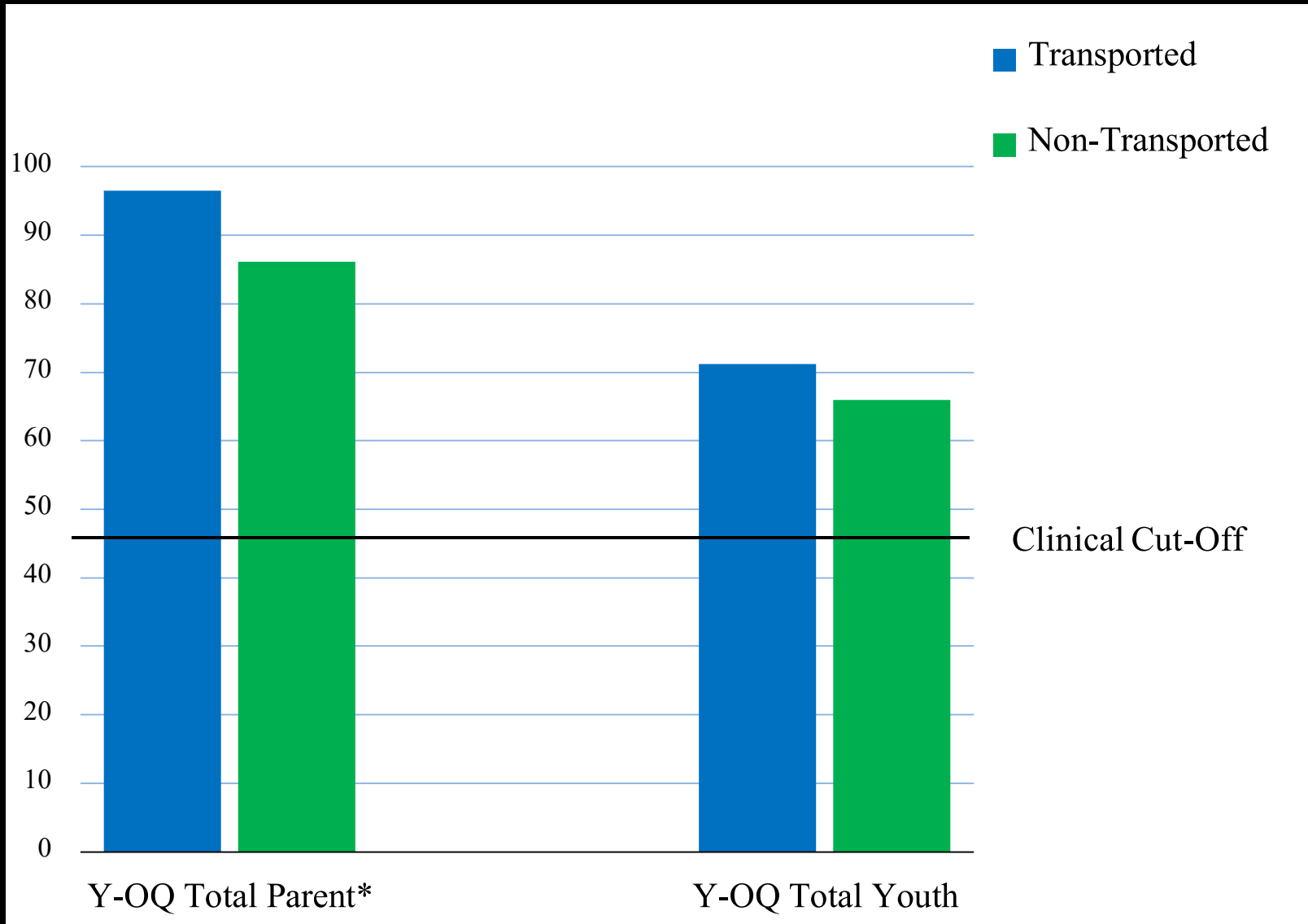
Mostly Caucasian

Pre-test – Post-test Data

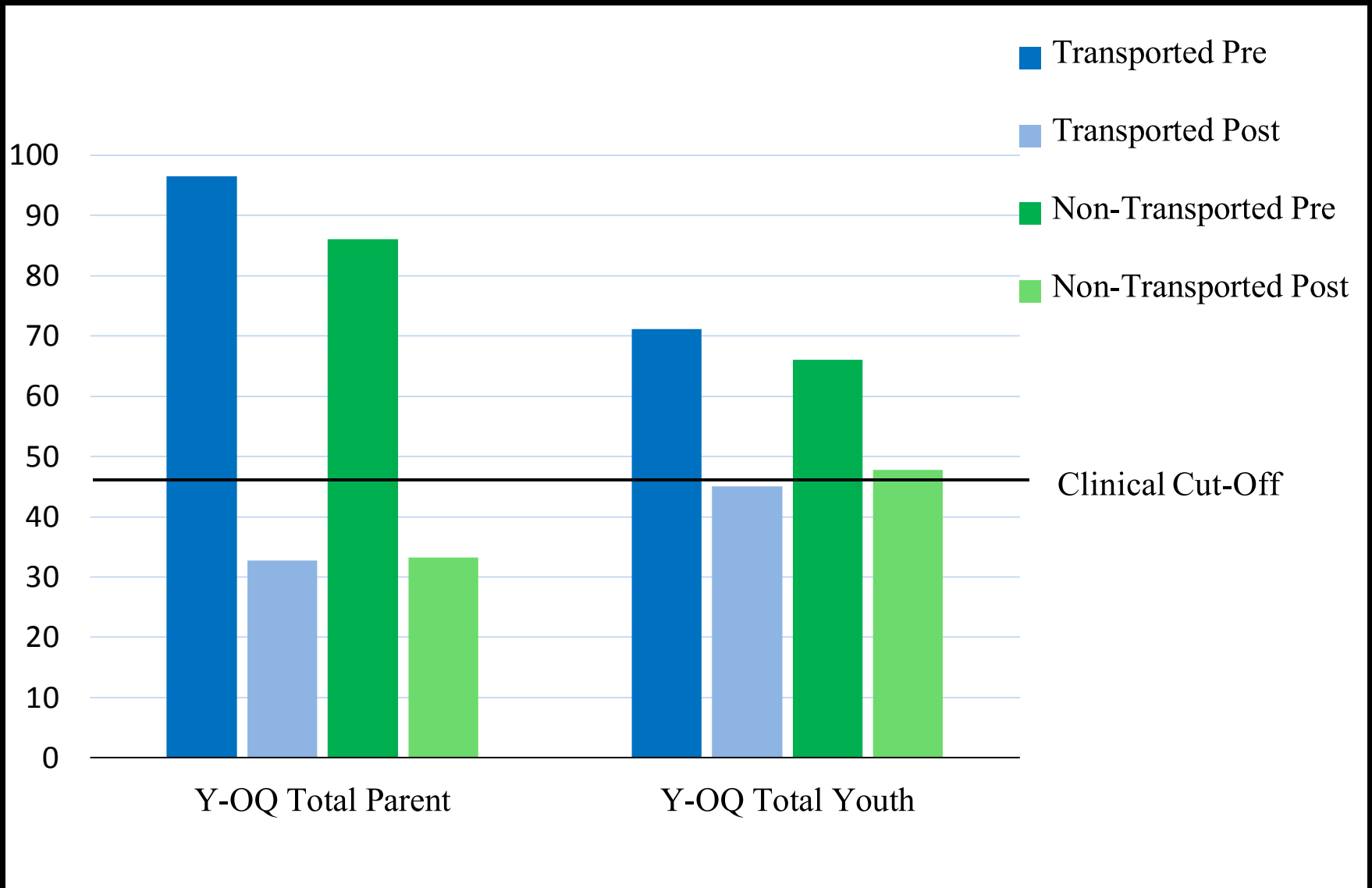
- URICA Readiness to Change
- YOQ 2.0 Youth & Parent



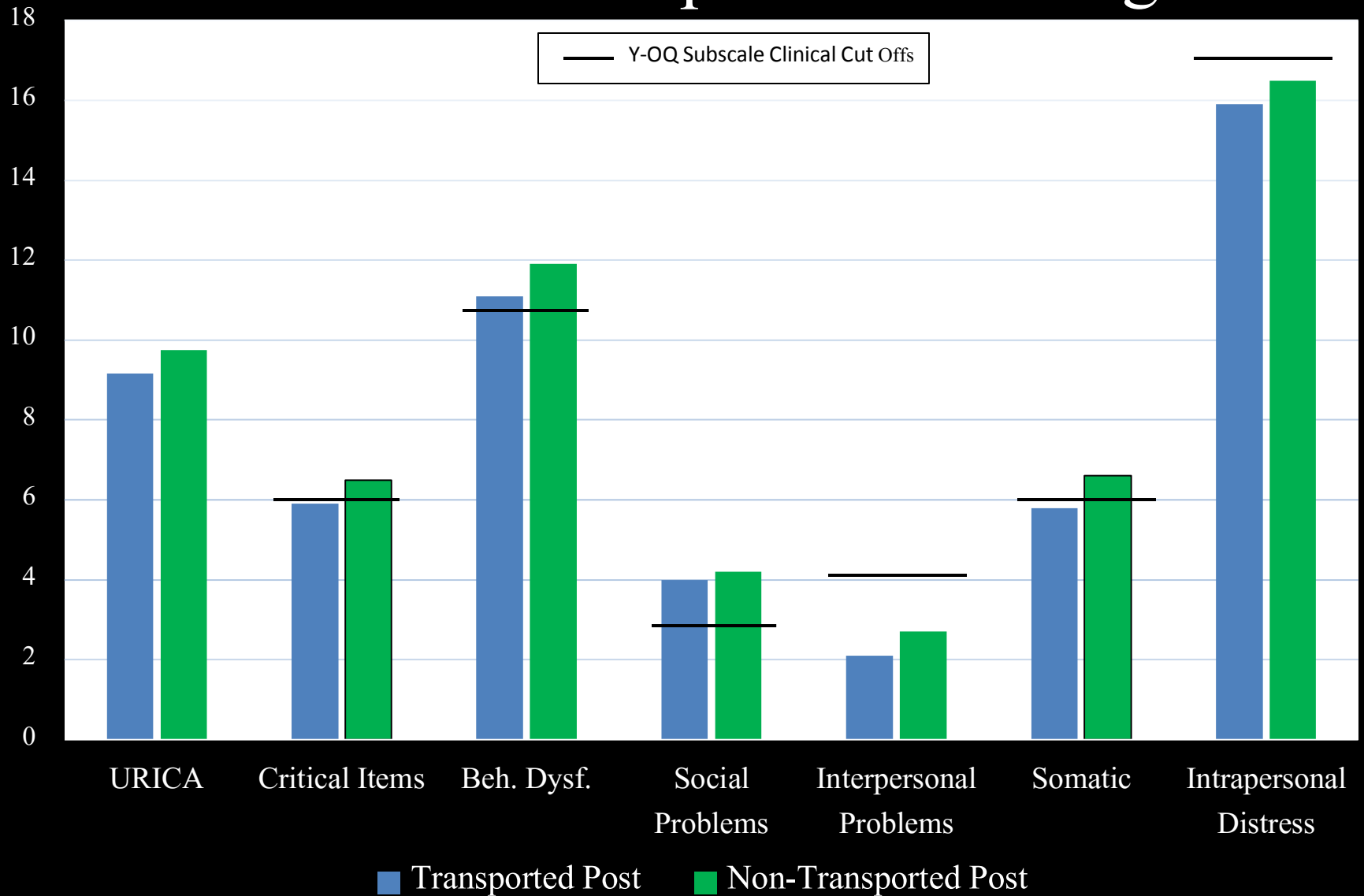
Comparisons at Intake



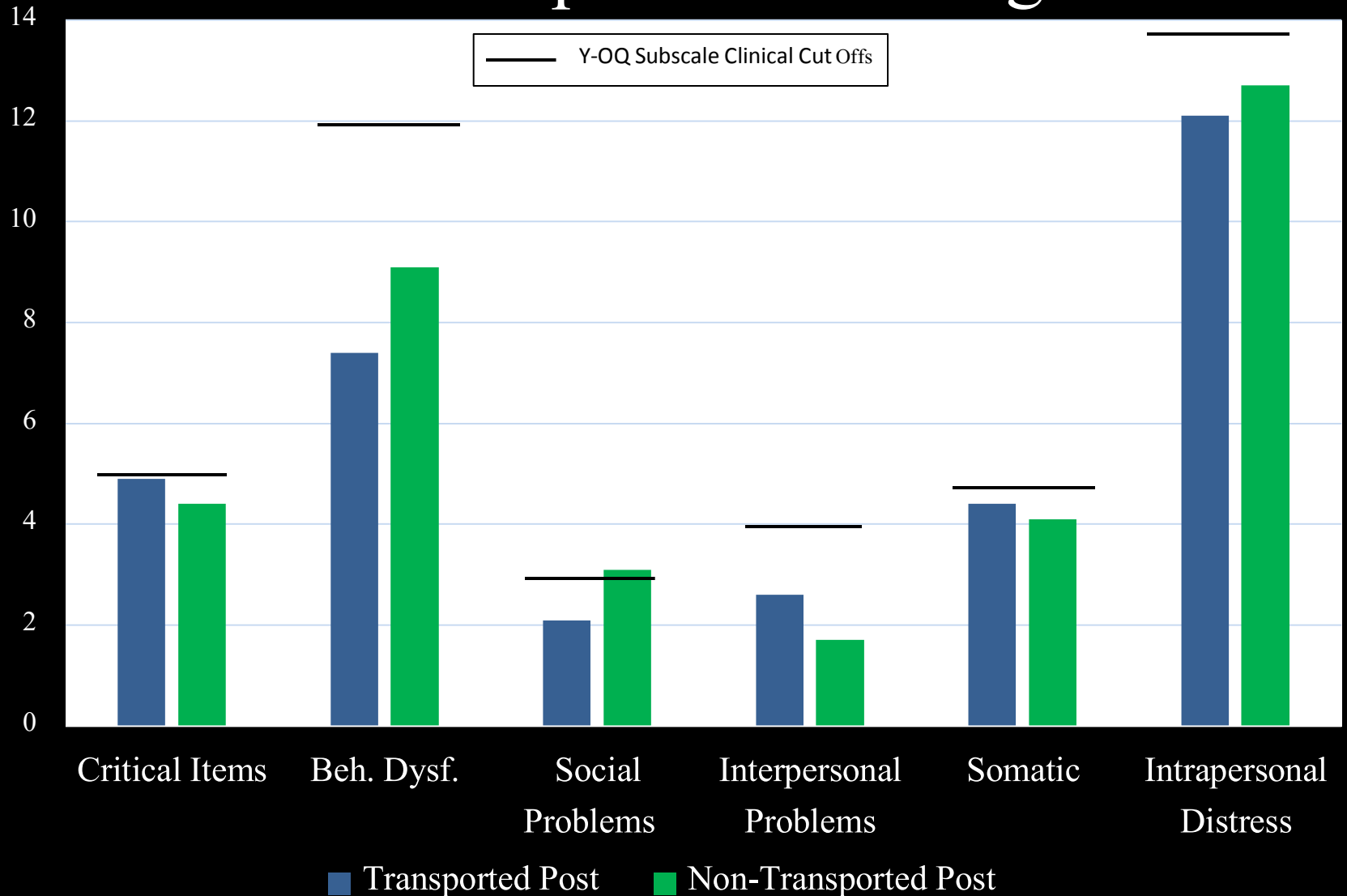
Y-OQ 2.0 Pre & Post Scores



Youth Self Report at Discharge



Parent Report at Discharge



Implications

- Transported youth were not negatively affected by their transport
- Possible reasons for transport choice by parents reflected in data



However, these findings reflect the pairing of transport and one quality OBH program

Future research needed looking qualitatively into this experience as well as with more OBH & RTCs